

WAYNE COMMUNITY SCHOOLS MENU



**Don't be Tricked . . .
Treat Yourself to a
Healthy Meal!**





Thank you for choosing to eat with us! Students are ALWAYS encourage to fill their plates with as much fruits and veggies they are able to finish.

Breakfast is in **BOLD** print
Fruit and Vegetable Bar is available K-12 with every reimbursable meal at Breakfast and Lunch.

Milk is offered with every Breakfast and Lunch

Choice of Chef Salad is offered K-12

Menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Omelet Meatball Sub Sweet Potato Fries Cauliflower Watermelon	4 Br Sandwich Chicken Fried Steak Mashed Potatoes & Gravy / Dinner Roll Carrots Pears	5 Waffles Baked Potato Bar Ham & Cheese Steamed Broccoli Dinner Roll Tomatoes / Peaches	6 Br Casserole Wayne Beef Burger Franks N Beans Baked Apples Mix of Fresh Veggies Mixed Fruit	7 Breakfast Pizza Pizza Corn Lettuce Strawberries
10 Pacakes Chicken Patty on a Bun Baked Beans Broccoli Applesauce	11 Bagel & Yogurt Lasagna French Bread Green Beans Lettuce Mixed Berries	12 Pancake on a Stick Fish Sticks Scalloped Potatoes Dinner Roll Carrots & Celery Cantaloupe	13 Biscuits N Gravy Breaded Beef Patty Sandwich Corn Tomatoes Pears	14 Donuts Pizza Crunches Mixed Veggies Cucumbers Mix of Fresh Fruit
17 Br Burrito Chicken Fajita Black Beans Lettuce Carrots Dried Fruit	18 Scrambled Eggs, Sausage & Hashbrowns Corn Dogs Bread Sticks Tomato Sauce Mixed Veggies / Broccoli Applesauce	19 Breakfast Pizza Chicken & Cheese Quesadillas Corn Cauliflower Peaches	 20 No School TEACHERS INSERVICE	 21 No School FALL BREAK
24 Pancake on a Stick Grilled Cheese w/ Tomato Soup Steamed Veggies Broccoli Strawberries	25 Waffles Stromboli Peas Cauliflower Mixed Berries	26 Biscuits N Gravy Hot Dog on a Bun Tator Tots Mixed Veggies Mix of Fresh Veggies Pears	27 Bagel & Yogurt Walking Taco Refried Beans Lettuce Peaches Muffin	28 Muffins Pizzawhiches Green Beans Carrots Apple
31 French Toast Sticks Cream of Turkey Mashed Potatoes Dinner Roll Cauliflower Peaches	 FRANKLY We LOVE school meals	 Celebrate National School LUNCH WEEK OCT. 10-14 2022 Peace, Love & School LUNCH #NSLW22 #peaceloveschoolLunch		FAMILY MEMBERS are <i>welcome</i> to join their student for lunch. We ask that you call the office by 9am to be added to the lunch count.



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