

Instruction Sheet for Student/Athlete Physical Forms D-E-F

Student and parents/guardians must read, complete each form in its entirety, and sign all forms included in this packet in order to be eligible to participate in athletics at Wayne Community Schools.

Form D must be completed and taken to the Doctor's office. Form E-F will be filled out by the Doctor. *You MUST bring all forms to Lori Dickes in the Junior/Senior High School office.

****Please sign the bottom of Form D so information can be released to the school. Form D should be completed by student and parent/guardian before the physical examination. The physician will complete form E-F.**

ACCORDING TO STATE STATUTE, ALL ATHLETES ARE REQUIRED TO COMPLETE A PHYSICAL EXAMINATION.

NOTE: Complete & sign form D before seeing your doctor. *Be sure to sign the bottom of form D. Forms D & E-F must be completed before a student/athlete will be determined eligible for any type of participation.

Athletes will not be permitted to practice or compete in any Nebraska School Activities Association sponsored activities until the athlete has been examined and is determined to be physically fit for athletic participation. The physical must be taken once each year. **A physical given May 1 or after will be acceptable for the following school year.**

Please call the Clinic of your choice to inquire if they are offering a **special physical price for grades 7-12 starting May 1st**. If you have insurance, you may want to call and see if it covers a physical. Let the clinic know when you schedule the appointment if you are interested in a special or if you want them to file the visit to your insurance.

You must bring all forms D & E-F to Lori Dickes at the Junior/Senior High School office.

If you have any questions, please call Athletic Assistant, Lori Dickes or Athletic Director, Mr. Wragge, at (402) 375-3150. If you have questions about immunizations, please call the school nurse, Carolyn Harder (402) 375-3854.