

# WAYNE COMMUNITY SCHOOLS MENU



Breakfast is in **BOLD** print

Fruit and Vegetable Bar is available K-12 with every reimbursable meal at Breakfast and Lunch.

Milk is offered with every Breakfast and Lunch

Choice of Chef Salad is offered K-12

Menus subject to change

**FAMILY MEMBERS** are *welcome* to join their student for lunch. We ask that you call the office by 9am to be added to the lunch count.

## MARCH IS NATIONAL NUTRITION MONTH

Encourage your child/children to fill their plates with a variety of different foods from ALL the food groups and to EAT the Rainbow!

Monday

Tuesday

Wednesday

Thursday

Friday

**2023**  
 **MARCH**

USDA is an equal opportunity employer and provider

		<b>1 French Toast</b> Hot Dog on a Bun Sweet Potato Fries Carrots Pears	<b>2 Muffins</b> Breaded Beef Patty on a Bun Baked Beans Cauliflower Mandarin Oranges	<b>3 Breakfast Pizza</b> Cheese Boat Peas Tomatoes Mixed Berries
<b>6 Donuts</b> Chicken Patty on a Bun Sweet Potato Fries Broccoli Peaches	<b>7 Pancake on a Stick</b> Pork Tenderloin Sandwich Franks N Beans Carrots Applesauce	<b>8 Cheese Omelet</b> BBQ Rib on a Bun Green Beans Tomatoes Strawberries	<b>9 Breakfast Sandwich</b> Pancakes Sausage Patty Hash Browns Celery Banana	<b>10</b>  No School
<b>13 Pancakes</b> Hot Ham N Cheese Tomato Soup Sweet Potato Fries Cucumbers Pears	<b>14 Cinnamon Roll</b> Chicken Fajita Black Beans Lettuce Mandarin Oranges Corn Bread	<b>15 Scrambled Eggs</b> Popcorn Chicken Mash Potatoes Dinner Roll Corn / Broccoli Peaches	<b>16 Breakfast Burrito</b> Wayne Beef Burger Tater Tots Carrots Strawberries	<b>17 Breakfast Pizza</b> Pizza Calzone Mixed Veggies Cauliflower Mixed Fruit
<b>20 Waffles</b> Potato Ole tater tots, meat, cheese Steamed Broccoli Carrots /Strawberries Muffin	<b>21 Bagel &amp; Yogurt</b> Pigs N Blanket Fiesta Black Beans Mix of Fresh Veggies Apple Slices Apple Crisp	<b>22 Pancake on a Stick</b> Spaghetti w/ Meat Sauce / French Bread Green Beans Cauliflower Mixed Berries	<b>23 French Toast</b> Mini Corn Dogs Mashed Potatoes Dinner Roll Tomatoes Apricots	<b>24 Breakfast Pizza</b> Fish Sticks Cheesy Potatoes Dinner Roll Peas / Lettuce Mandarin Oranges
<b>27 Breakfast Sandwich</b> Stromboli Corn Tomatoes Pears	<b>28 Cheese Omelet</b> Chicken Nuggets Sweet Potato Fries Dinner Roll Cauliflower Peaches	<b>29 Biscuits N Gravy</b> Creamed Turkey Mashed Potatoes Dinner Roll Tomatoes Strawberries	<b>30 Muffins</b> Swedish Meatballs & Noodles Dinner Roll Green Bean Carrots / Pineapple	<b>31 Breakfast Pizza</b> Pizza Crunchers Baked Beans Broccoli Mixed Berries