

# May 2021

## Breakfast is in bold print

Fruit and Vegetable bar is available K-12 with every reimbursable meal at Breakfast and Lunch

Milk is offered with every Breakfast and Lunch

Choice of Chef Salad is offered K-12

Menus subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3 Pancake /stick</b> Chicken Nuggets Dinner roll Green beans Lettuce Peaches	<b>4 Breakfast Sandwich</b> Sloppy Joe on Bun French Fries Broccoli Pears	<b>5 Br Burrito</b> Mini Corn dogs Bread sticks Tomato sauce Cauliflower, peas Cran raisins	<b>6 Waffles</b> Wayne County Beef Patty on a bun Carrots Baked Beans Orange	<b>7 Breakfast Pizza</b> Hot Dog Bun Sweet potato Celery Apple
<b>10 Fr Toast Sticks</b> Walking Taco Romaine Lettuce Refried Beans Cherries	<b>11 Omelet</b> Fish Bun Green beans Carrots Peaches	<b>12 Waffles</b> Stromboli French fries Broccoli Mixed Berry	<b>13 Biscuits &amp; Gravy</b> Chicken Patty Hamburger bun tomatoes Mixed Vegetables Apricots	<b>14 Breakfast Pizza</b> Pizza Peas Fresh Vegetable cup Apple
<b>17 Pancake on Stick</b> Hot Ham and Cheese on a bun Carrots Baked Beans Pears	<b>18 Cheese Omelet</b> Pizzawiches Cauliflower Corn cranberries	<b>19 Br Burrito</b> Pulled Pork Bun French Fries Broccoli Applesauce	<b>20 Waffle</b> Popcorn Chicken Dinner roll Green beans Fresh Vegetables Fruit	<b>21</b>
<b>Have a Great Summer.</b>			<b>We look forward to seeing you next year!</b>	

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## Wayne Community Schools

### May – Color Me Yummy!

It's May already? This school year went by fast! As summer approaches, so does the season of fresh fruits and vegetables. For our final challenge, we want you to add a colorful fruit or vegetable to one meal every day! Some examples include strawberries, blueberries, cucumbers, carrots, or green beans. If you are brave, try something out of the box like pineapple, mangos, pomegranates, purple potatoes, or avocados! There are plenty of different fruits and vegetables to eat, so mix it up and try something from every color of the rainbow. Our grocery stores have a great variety, but don't be afraid to check out the Wayne Farmers Market that begins in June! By shopping local, you can help our community thrive, and support our local farmers and businesses. Let's get summer off to a great start by eating healthy!

