



# WAYNE COMMUNITY SCHOOLS MENU

**Breakfast is in BOLD print**

Fruit and Vegetable Bar is available K-12 with every reimbursable meal at Breakfast and Lunch.

Milk is offered with every Breakfast and Lunch

Choice of Chef Salad is offered K-12

Menus subject to change



**Xander S.** - Tower Schools


**Maxx W.** - 1st Grade

**Bryn T.** - 6th Grade

Thank you to all who participated!

**FAMILY MEMBERS** are

*Welcome* to join their student for lunch. We ask that you call the office by 9am to be added to the lunch count.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2023 <b>JANUARY</b></p> <p><i>welcome</i> BACK</p>		<p><b>4 Pancake on a Stick</b> Chicken Nuggets Cheesy Potatoes Broccoli Pears</p>	<p><b>5 Biscuits N Gravy</b> Wayne Beef Burger Baked Beans Tomatoes Peaches</p>	<p><b>6 Br Pizza</b> Pizza Mixed Veggies Carrots Mixed Berries</p>
<p><b>9 Breakfast Bites</b> Chicken Fajita Black Beans Lettuce Warm Apples Corn Bread</p>	<p><b>10 Breakfast Burrito</b> Chili Cinnamon Roll Carrots &amp; Celery Mixed Fruit</p>	<p><b>11 Yogurt &amp; Bagel</b> Meatball Sub Tater Tots Broccoli Pineapple</p>	<p><b>12 Muffins</b> Creamed Turkey Mashed Potatoes Dinner Roll Mix of Fresh Veggies Apricots</p>	<p><b>13 Breakfast Pizza</b> Pizza Calzone Peas Cauliflower Apples &amp; Orange Slices</p>
<p><b>16 Cheese Omelet</b> French Dip Sandwich w/ Auji Mozz Sticks Corn Carrots Mixed Berries</p>	<p><b>17 Biscuits N Gravy</b> Saulsberry Steak Mashed Potatoes Dinner Roll Tomatoes Applesauce</p>	<p><b>18 Pancake on a Stick</b> Breakfast Sandwich sausage, egg &amp; cheese Roasted Potatoes Broccoli Yogurt Parfaits &amp; Strawberries</p>	<p><b>19 French Toast</b> Sloppy Joe on a Bun Franks N Beans Carrots Apple Crisp</p>	<p><b>20 Coffee Cake</b> Cheese Boats Tomato Sauce Mixed Veggies Cucumbers Dried Fruit</p>
<p><b>23 Pancakes</b> Hot Ham N Cheese Sandwich Sweet Potato Fries Cauliflower Mixed Berries</p>	<p><b>24 Waffles</b> Walking Taco Refried Beans Lettuce Peaches Muffins</p>	<p><b>25 Br Sandwich</b> Popcorn Chicken Mashed Potatoes Dinner Roll Mix of Fresh Veggies Pineapple</p>	<p><b>26 Br Casserole</b> Spaghetti w/ Meat Sauce French Bread Green Beans Mandarin Oranges</p>	<p><b>27 Donuts</b> Pizzawhiches Corn Tomatoes Pears</p>
<p><b>30 French Toast</b> Baked Potato Bar meat &amp; cheese Black Beans Broccoli Mixed Fruit</p>	<p><b>31 Scrambled Eggs</b> Stromboli Steamed Carrots Cauliflower Strawberries</p>	<p> Eight glasses of water a day is an easy rule to remember. Staying well-hydrated improves sleep quality, cognition and mood.</p> <p><b>USDA is an equal opportunity employer and provider</b></p>		