

**MID STATE CONFERENCE JR HIGH TRACK INVITE  
2021**

**ADMISSION:**

**\$5.00 adults, \$3.00 students**

**TIME AND PLACE: Norfolk Catholic High School Track Saturday, April 24, 2021**

**Field events will begin at 9AM and running events at Noon**

**SCHOOLS: Battle Creek, Boone Central, Crofton, Guardian Angels Central Catholic,  
Hartington Cedar Catholic, Norfolk Catholic, O'Neill, Pierce, Wayne**

**FIELD EVENTS: 9:00 AM All field events (except high jump/pole vault) will consist of 4 attempts, no finals**

**THROWS**

**Shot Put - 8th grade Girls followed by 8th grade Boys (West Ring)(GACC)**

**Shot Put - 7th grade Girls followed by 7th grade Boys (East Ring)(O'Neill)**

**Discus - 8th grade Boys followed by 8th grade Girls (Southwest Ring)(GACC)**

**Discus- 7th grade Boys followed by 7th grade Girls (Northwest Ring)(Wayne)**

**JUMPS**

**(Northeast Pit)-7th Grade Girls Long Jump, 8th Grade Girls Long Jump, (Boone Central)  
7th Grade Girls Triple Jump, 8th Grade Girls Triple Jump (Hartington Cedar Catholic)**

**(Northwest Pit)-7th Grade Boys Long Jump, 8th Grade Boys Long Jump, (Battle Creek)  
7th Grade Boys Triple Jump, 8th Grade Boys Triple Jump(Crofton)**

**High Jump- Boys 8th Grade, Boys 7th Grade, Girls 8th Grade, Girls 7th Grade (Pierce)**

**Pole Vault-7th Grade Boys, 8th Grade Boys, 7th Grade Girls, 8th Grade Girls (Norfolk Catholic)**

**ORDER OF EVENTS:**

**100 meter hurdle finals**

**100 meter finals**

**1600 meter finals**

**4x1 relay**

**400 meter finals**

**195 meter hurdle finals**

**800 meter finals**

**200 meter finals**

**4x400 relay**