

KRUGER/MAY INVITATIONAL TRACK MEET 2024

**Bellevue East - Bellevue West – Bennington - Boys Town Boys – Elkhorn – Elkhorn North -
Elkhorn South – Gretna - Gretna East- Lincoln Pius X - Lincoln Standing Bear -
Omaha Northwest - Wayne – Ralston**

Location: Elkhorn High School
Date: Thursday, April 11th - No make-up
Time: **Field Events: 12:30pm Track Events: 3:00pm
Unified Events: 11:15am**
Coaches Meeting: 12:00 pm in front of the press box.
This will be a scratch and replace meeting.
Dressing Rooms: None will be provided. Participants are asked NOT to use
the school facilities in the building. **Use the restrooms at the
stadium.**
Spikes: No longer than 1/4” spikes to be worn by participants.
Qualifying/Medals: Winner of each heat and the next fastest times will qualify for the
Finals. **Medals for top eight in individual events and relays.**
Starting Heights: Will be determined by entries.
Entry Fee: ***\$220 (\$110 for boys and \$110 for girls) per team***
Entries: **Due Wednesday, April 10th at 11 am**
-3 per event

Kruger-May Invite Entry Information:

Live Results Link: bstc.live

Entry Deadline: 4/10 11 AM

Entries: On Bound <https://gobound.com/ne/>

Instructions for the Coaches: [How to Submit Meet Entries | Bound Help Center \(intercom.help\)](#)

If a coach has not registered for Bound yet please have them contact me for instructions and login. We
have also attached wording to put in your meet information letter.

Scoring: 10-8-6-5-4-3-2-1 in all events.

Camping Areas: Please instruct your team members to use the area outside of the
track and up near the entrance gates for team camps.

FOR ADDITIONAL INFORMATION:

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KRUGER/MAY Invitational Track Meet 2024 Order of Events

12:00 Coaches Meeting in front of Press-box – **Scratch and replace meeting**

FIELD EVENTS:

12:30	Shot Put-Boys Followed by Girls	(3 throws-top 8 to Finals)
	Discus-Girls Followed by Boys	(3 throws-top 8 to Finals)
	Long Jump-Girls West Side Runway	(3 jumps-top 8 to Finals)
	Long Jump-Boys East Side Runway	(3 jumps-top 8 to Finals)
	Triple Jump-Following Long Jump	(3 jumps-top 8 to Finals)
	High Jump-Boys followed by Girls	
	Pole Vault-Girls followed by Boys	

UNIFIED TRACK:

11:15am	Long Jump
12:00pm	Unified Shot Put
2:00pm	100 Meter Dash
2:30pm	400 Meter Relay

TRACK PRELIMS: Girls followed by Boys in all events.

3:00	3200 Meter Relay (Finals)
	100 Meter High Hurdles
	110 Meter High Hurdles
	100 Meter Dash
	400 Meter Dash (Finals)
	3200 Meter Run (Finals)
	200 Meter Dash

30 MINUTE BREAK

FINALS	100 Meter High Hurdles
	110 Meter High Hurdles
	100 Meter Dash
	800 Meter Run
	300 Meter Hurdles
	200 Meter Dash
	1600 Meter Run
	400 Meter Relay
	1600 Meter Relay

KRUGER/MAY INVITE RECORDS

BOYS

<u>EVENT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
High Jump	Reid Nelson	Elkhorn South	6' 9"	2021
Long Jump	Vino Brown	Lincoln Southwest	22' 10.5"	2010
Triple Jump	Reece Grosserode	Lincoln Pius	46' 9"	2022
Discus	Caleb Garvin	Wayne	173' 6"	2004
Shot Put	Jay Ballard	Boys Town	57' 2"	2022
Pole Vault	Seth Burney	Beatrice	16' 7"	2006
100 Meters	Tiras Meaders	BoysTown	10.60	2006
	BJ Lawrence	Omaha Northwest	10.60	2007
110 Hurdles	Tijaih Davis	BoysTown	14.41	2018
200 Meters	Alex Nelson	Elkhorn South	21.39	2018
300 Hurdles	Tijaih Davis	BoysTown	39.37	2018
400 Meters	Keaton Suey	Elkhorn South	49.41	2015
800 Meters	Gabe Hinrichs	Elkhorn South	1:54.29	2021
1600 Meters	Gabe Hinrichs	Elkhorn South	4:10.34	2022
3200 Meters	Colby Erdkamp	Gretna	9:44.23	2021
400 Meter Relay		Omaha Northwest	43.10	2006
1600 Meter Relay		Bellevue West	3:25.22	2010
3200 Meter Relay		Lincoln Pius	8:16.72	2018

KRUGER/MAY INVITE RECORDS

GIRLS

<u>EVENT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
High Jump	Kathleen Medil	Lincoln Pius	5' 6"	2017
Long Jump	Chloe Akin-Otiko	Bellevue West	18' 11"	2014
Triple Jump	Anna Weigandt	Gretna	38' 11.75"	2009
Discus	Avey Pokorny	Bellevue East	137' 4"	2015
Shot Put	Kayla Frazier	Lincoln Southwest	43' 10.5"	2010
Pole Vault	Natalie Willer	Elkhorn	11' 10"	2007
100 Meters	Chloe Akin-Otiko	Bellevue West	12.04	2014
100 Hurdles	Kate Campos	Lincoln Pius	14.55	2022
200 Meters	Chloe Akin-Otiko	Bellevue West	24.72	2014
300 Hurdles	Kate Campos	Lincoln Pius	44.66	2022
400 Meters	Amanda Young	Gretna	57.27	2015
800 Meters	Sarah Kottwitz	Lincoln Pius	2:21.14	2014
1600 Meters	Jaci Sievers	Elkhorn South	4:56.95	2022
3200 Meters	Mazie Larsen	Gretna	11:23.20	2017
400 Meter Relay		Lincoln Pius	49.60	2017
1600 Meter Relay		Lincoln Pius	4:04.9	2009
3200 Meter Relay		Lincoln Pius	9:46.96	2015